

# Resultater – Vinterlang 1 afd

2017-11-26

Vis de 100 bedste

| <b>Kort</b>                 | <b>(30 / 30)</b>  | <b>Tid</b> | <b>Efter</b> | <b>Tidstab</b> |
|-----------------------------|-------------------|------------|--------------|----------------|
| 1. Morten Ploug             | Ballerup OK       | 35:13      |              | 01:19          |
| 2. Line Stub                | PI-København      | 35:29      | +0:16        | 02:26          |
| 3. Charlotte Grauert        | Ballerup OK       | 38:38      | +3:25        | 00:34          |
| 4. Annette Bonde            | Ballerup OK       | 39:16      | +4:03        | 03:15          |
| 5. Siri Klausen             | Ballerup OK       | 41:52      | +6:39        | 01:27          |
| 6. Leif Sudergaard          | Kildeholm OK      | 44:05      | +8:52        | 07:00          |
| 7. Mogens Hansen            | OK Skærmø Værløse | 44:29      | +9:16        | 03:40          |
| 8. Jacob Meldgaard          | Vakant            | 45:33      | +10:20       | 11:10          |
| 9. Jan Kristoffersen        | Ballerup OK       | 45:38      | +10:25       | 05:27          |
| 10. Leif Jensen             | OK Skærmø Værløse | 46:23      | +11:10       | 02:20          |
| 11. Tobias Olloz            | Tisvilde Hegn OK  | 48:22      | +13:09       | 15:29          |
| 12. Sofie Fakir Olsen       | Ballerup OK       | 48:40      | +13:27       | 06:50          |
| 13. Steen Sørensen          | OK Skærmø Værløse | 50:10      | +14:57       | 09:11          |
| 14. Gitte Grauert           | Ballerup OK       | 51:46      | +16:33       | 04:36          |
| 15. Laura Saxtorph Schulz   | Ballerup OK       | 57:25      | +22:12       | 13:41          |
| 16. Kristen Bonnen          | Ballerup OK       | 59:52      | +24:39       | 11:30          |
| 17. Niels Hamborg Jensen    | OK Skærmø Værløse | 1:01:06    | +25:53       | 25:11          |
| 18. Susan Houmark Stub      | PI-København      | 1:01:26    | +26:13       | 02:13          |
| 19. John Hørlyk             | Farum OK          | 1:02:54    | +27:41       | 22:28          |
| 20. Tore Jørgensen          | Vakant            | 1:06:55    | +31:42       | 23:53          |
| 21. Dorthe Munktvad         | Allerød OK        | 1:21:07    | +45:54       | 18:17          |
| 22. Hanne Frost             | Ballerup OK       | 1:31:07    | +55:54       | 12:15          |
| 23. Karin Lomholt Finnemann | Farum OK          | 1:36:28    | +61:15       | 33:55          |
| 24. Mette Hørlyk Friis      | Farum OK          | 1:52:53    | +77:40       | 49:37          |
| Bent Mortensen              | OK73              | Fejlklip   |              |                |
| Ellen Kühn Jensen           | Ballerup OK       | Udgået     |              |                |
| Karen Holm Olsen            | Ballerup OK       | Udgået     |              |                |
| Nils Sættem                 | Kildeholm OK      | Udgået     |              |                |
| Hans Granholm               | OK ØST Birkerød   | Ej startet |              |                |
| Kristina Nordenhof Larsen   | Kildeholm OK      | Ej startet |              |                |
| <b>Mellem</b>               | <b>(29 / 29)</b>  | <b>Tid</b> | <b>Efter</b> | <b>Tidstab</b> |
| 1. Lasse August Helweg      | Allerød OK        | 48:25      |              | 02:28          |
| 2. Christian Olsen          | Amager OK         | 48:46      | +0:21        | 02:04          |
| 3. Mette Stub               | PI-København      | 49:26      | +1:01        | 01:44          |
| 4. Lars Munktvad            | Allerød OK        | 50:16      | +1:51        | 00:32          |
| 5. Ronnie Hjorth            | OK73              | 51:19      | +2:54        | 00:39          |
| 6. Jørgen Skaarup           | Ballerup OK       | 51:33      | +3:08        | 00:34          |
| 7. Martin Hjorth            | OK73              | 52:04      | +3:39        | 00:54          |
| 8. Jeppe Damsgaard          | Amager OK         | 53:25      | +5:00        | 02:15          |
| 9. Jimmy Hoen               | Ballerup OK       | 1:02:52    | +14:27       | 02:00          |
| 10. Lars Sørensen           | OK ØST Birkerød   | 1:07:38    | +19:13       | 04:48          |
| 11. Viggo Hansen            | Ballerup OK       | 1:07:40    | +19:15       | 08:48          |
| 12. Thomas Østergaard       | OK ØST Birkerød   | 1:08:19    | +19:54       | 04:32          |
| 13. Anette Holm             | Farum OK          | 1:09:52    | +21:27       | 00:49          |
| 14. Benjamin Trock          | Amager OK         | 1:10:01    | +21:36       | 16:40          |
| 15. Jesper Sørensen         | OK Skærmø Værløse | 1:10:10    | +21:45       | 09:20          |
| 16. Birgitte Birck          | Allerød OK        | 1:10:22    | +21:57       | 04:20          |
| 17. Michael Nygaard Møller  | OK73              | 1:31:45    | +43:20       | 26:14          |
| 18. Elsa Bratholm           | OK73              | 1:34:37    | +46:12       | 17:40          |
| 19. Trine Hershøj           | OK73              | 1:40:00    | +51:35       | 09:33          |
| 20. Michael Hjorth          | OK73              | 1:40:18    | +51:53       | 08:31          |
| 21. Johanne Lind            | Ballerup OK       | 1:42:30    | +54:05       | 10:25          |
| 22. Camilla Bøgevig Larkai  | OK73              | 1:44:36    | +56:11       | 20:36          |
| Bjerg Gandrup Mogensen      | Lyngby OK         | Fejlklip   |              |                |

Lasse Falck Weber  
Niels la Cour Bentzon  
Eva Smedegaard  
Flemming Wendelboe  
Kurt Thuesen  
Lars Ryberg Vikkelsø

Tisvilde Hegn OK  
Søllerød OK  
OK Sorø  
Helsingør SOK  
FSK Orientering  
Ballerup OK

Fejlklip  
Fejlklip  
Ej startet  
Ej startet  
Ej startet  
Ej startet

**Lang****(13 / 13)****Tid Efter Tidstab**

|     |                       |                          |         |        |       |
|-----|-----------------------|--------------------------|---------|--------|-------|
| 1.  | Malte Kjær Hemmingsen | FIF Hillerød Orientering | 1:26:41 |        | 06:09 |
| 2.  | Peter Østergaard      | Søllerød OK              | 1:26:59 | +0:18  | 04:02 |
| 3.  | Theis Munktvad        | Allerød OK               | 1:27:40 | +0:59  | 00:52 |
| 4.  | Line Søderlund        | Farum OK                 | 1:28:34 | +1:53  | 02:00 |
| 5.  | Anne Marie Thommesen  | Ballerup OK              | 1:30:58 | +4:17  | 00:57 |
| 5.  | Leif E. Larsen        | Tisvilde Hegn OK         | 1:30:58 | +4:17  | 02:52 |
| 7.  | Flemming Mæng         | Ballerup OK              | 1:46:15 | +19:34 | 05:27 |
| 8.  | Jesper Vestergaard    | Søllerød OK              | 1:51:49 | +25:08 | 04:06 |
| 9.  | Steen Stausholm       | Farum OK                 | 1:54:42 | +28:01 | 15:35 |
| 10. | Lars Hanghøj Petersen | Ballerup OK              | 1:59:41 | +33:00 | 11:47 |
| 11. | Michael Petersen      | Tisvilde Hegn OK         | 2:50:10 | +83:29 | 46:20 |
|     | Jacques Dehnbostel    | Lyngby OK                | Udgået  |        |       |
|     | Peter Nørgaard        | Ballerup OK              | Udgået  |        |       |

**Ultra****(10 / 10)****Tid Efter Tidstab**

|    |                          |                  |            |        |       |
|----|--------------------------|------------------|------------|--------|-------|
| 1. | Michael Sørensen         | OK ØST Birkerød  | 1:38:43    |        | 04:33 |
| 2. | Thomas Jensen            | Tisvilde Hegn OK | 1:40:40    | +1:57  | 02:12 |
| 3. | Tobias Karlsmose         | OK Esbjerg       | 1:42:37    | +3:54  | 02:33 |
| 4. | Anders Vejgaard          | Ballerup OK      | 2:09:09    | +30:26 | 04:04 |
| 5. | Finn Lindstrøm           | Lyngby OK        | 2:41:15    | +62:32 | 28:05 |
| 6. | Rune Gundersen           | Tisvilde Hegn OK | 2:45:29    | +66:46 | 26:29 |
|    | Jonas Nordstrøm Schwartz | Amager OK        | Ej startet |        |       |
|    | Mikkel Kaae-Nielsen      | Søllerød OK      | Ej startet |        |       |
|    | Thomas Christensen       | O-63             | Ej startet |        |       |
|    | Troels Otte Andersen     | Lyngby OK        | Ej startet |        |       |